	Year 7			Year 8			Year 9			Year 10			Year 11			Year 12		Year 13	
	Area	Code	Lesson	Area	Code	Lesson	Area	Code	Lesson	Area	Code	Lesson	Area	Code	Lesson	Area	Lesson	Area	Lesson
Autumn Term 1	Relationships & Sex Education	R1	Connecting With Your Teachers	Relationships & Sex Education	R18	The Many Forms of Relationships	Health and Wellbeing	HW37	The Happiness Trap	Health and Wellbeing	HW72	Inclusivity & Belonging	Health and Wellbeing	HW77	Discrimination and the Equality Act	Living in the Wider World	Democracy v Autocracy	Living in the Wider World	The Advanced Economy
		R2	From Strangers to Friends		R13	Managing Unhealthy Relationships		HW38	Managing Anxiety		HW55	Who Should You Trust?		HW73	Stereotypes & Prejudice		Gay Rights		Mortgages
		R3	How To Have Healthy Relationships		R14	Repairing Relationships		HW39	Combating Negative Self Talk		HW63	Self-Esteem and Respect		HW78	Respecting Human Rights		Religious Freedom in the UK		Financial Potholes
		R4	Tackling Cyberbullying		R15	Peer Pressure Survival Guide		HW42	Expressing Gratitude		HW66	R.E.S.P.E.C.T		HW74	Gender Biases		Separation of Power		Taxation
		R5	Understanding Bullying		R16	Together Against Bullying		HW52	Character Strengths In Focus		HW70	Safety Instincts		HW80	Criminal Exploitation		Gang Violence		Embracing the Present Moment
		R6	Safe & Healthy Relationships		R17	Online Relationships		R36	Positive vs Negative Humour		HW76	Managing Emergencies		HW81	The Question Around Deepfakes		Illegal and Imitation Weapons		Flow and PERMA
Autumn Term 2	Living in the Wider World	L1	Examining the Equality Act 2010	Health and Wellbeing	HW19	Sharing Information Online	Relationships & Sex Education	R25	Safe & Healthy Sex	Relationships & Sex Education	R37	The Spectrum of Relationships	Relationships & Sex Education	R49	Fertility & Pregnancy	Health and Wellbeing	Help-Seeking and Peer Support	Relationships & Sex Education	Navigating Pregnancy Choices
		L2	The Role of Courts & Tribunals		HW20	The Limitless Internet		R26	Sexually Transmitted Infections		R41	Will You Marry Me?		RS1	Contraceptive Considerations		Support and Communication		Building Healthy Masculinity
		L3	Making Sense of Money		HW21	Viewing Harmful Content		R27	Reproductive Health		R38	Recognising Signs of Coercive Control		RS2	Sex & Substances		Optimism		Preventing Sexual Harrassment
		L4	Budgeting Basics		HW22	Gender-Based Discrimination		R28	Pregnancy Choices		R39	Sexting		RS0	Differences Between Forced & Arranged Marriages		Exploring Emotional Intelligence		Honour-Based Violence
		L5	Bank Accounts		HW23	Racism and Discrimination		R29	Forced Marriages		R40	The Distorted Reality of Pornography		RS4	Sexual Violence & Abuse		Impulse Control		Respecting Difference
		L6	What's Real Online		HW24	Homophobia		RS5	Stalking and Unwanted Behaviour		R42	Self-Examination and Screening		RS3	Safe Relationships Online		Problem-Solving Framework		Being Assertive
Spring Term 1	Health and Wellbeing	HW1	Combat Worry, Stress & Anxiety	Living in the Wider World	L7	Exploring the Democratic Process	Health and Wellbeing	HW44	Substance Addiction	Living in the Wider World	L19	AI and Society	Relationships & Sex Education	RS8	Relationship Fall-Outs	Living in the Wider World	Entrepreneurship	Health and Wellbeing	Self-Confidence
		HW2	The Stress Scales		L8	Respecting and Celebrating Religious Diversity		HW75	Gambling Addiction		HW57	Keeping Your Online Data Safe		RS9	Domestic Abuse		Advanced Budgeting		Substance Use & The Law
		HW3	Rewiring Your Brain		L9	The Evolution of Money		HW45	Informed Drug & Alcohol Choices		L20	Understanding Democracy		R46	Sexual Harassment and Aggression		Credit Cards		Smoking & Your Health
		HW4	Sleep Essentials		L10	Taking Control of *My* Money		HW46	Drugs and County Lines		HW60	The UK's Relationship with the World	Living in the Wider World	L25	The Dangers of Sextortion		Safe Sharing Online		Catastrophising & Thinking Traps
		HW5	Phones And Sleep		L11	Making Health Decisions		HW51	Evaluating Eating Habits		L21	Public Money		L28	Credit & Debt	Relationships & Sex Education	Examining Sexual Violence		Overcoming Worry in Your Final Years
		HW6	Investing In Your Health		L12	Fundamentals of Business		HW43	Saving Lives With First Aid		L22	Your Pension, Your Future		L29	Insurance		Navigating Conflict		Self-Harm Recovery
Spring Term 2	Health and Wellbeing	HW7	Managing Privacy Online	Health and Wellbeing	HW47	The Truth About Vaping	Living in the Wider World	L17	Financial Risk	Relationships & Sex Education	R43	Understanding Sexual Consent		L26	Online Content and Mental Health	Relationships & Sex Education	Harmful Stereotypes	Living in the Wider World	Overcoming Mob Mentality
		HW8	The Dangers Of Your Internet Algorithm		HW25	First Aid Beyond Emergencies		L15	Exploitation		R44	Different Kinds of Intimacy	Health and Wellbeing	HW82	Caring for Your Mental Health		Privacy and the Body		Safeguarding Democratic Systems
		HW9	Social Media Addiction		HW26	Oral Hygiene		L13	Volunteering In *My* Community		R45	Sexual Orientation		HW83	Managing Stress and Overthinking		Navigating Sexual Safety		Ethical Dilemmas and Moral Reasoning
		HW11	Healthy Eating, Healthy Living		HW27	Health & Hygiene		L14	How Laws Are Made		R48	The Psychology of Bullies		HW85	Rethinking Masculinity		Consent & Coercion		Leadership in Action
		HW14	Escaping the Social Media Trap		HW29	Drug Awareness		L16	The Fundamentals of AI		R47	Sharing Illegal Images		HW86	Health Conditions		Domestic Conflict		Lifelong Growth Mindset
		HW15	AI and Chatbots		HW30	Alcohol and Social Inhibitions		L18	Deepfakes and AI		R60	Female Genital Mutilation		HW84	Exam Stress		Attitudes Towards Sexualisation and Pornography		*My Life at 21*
Summer Term 1	Relationships & Sex Education	R7	Different Types of Families	Relationships & Sex Education	R23	Assessing The Trustworthiness of Others	Health and Wellbeing	HW49	Sextortion	Health and Wellbeing	HW61	Unrealistic Online World	*Exams*			Health and Wellbeing	Values in Action	*Exams*	
		R8	Positive Parenting		R19	Understanding Consent		L30	Knife Crime		HW65	Fake News & Misinformation					Organised & Efficient		
		R9	The Changing Adolescent Body & The Men		R20	Power Dynamics & Consent		HW48	Instagram vs Reality		HW62	Online Radicalisation					Build Agency & Find Purpose		
		R10	Body Changes During Puberty		R21	Contraception Essentials		HW56	Digital Footprint		HW64	Online Stalking					Moving Towards Your Ideal Self		
		R11	Sexual Consent		R22	Discussing Pornography		HW53	Understanding Eating Disorders		HW58	The Hidden Scars of Knife Crime					Emotional Balance		
		R12	Building Healthy Relationships		R24	Introduction to FGM		HW54	Organ Donation		L31	The Rule of Law					Developing Positive Habits		
Summer Term 2	Health and Wellbeing	HW12	Vaping: A Global Dilemma	Relationships & Sex Education	R56	Respecting Ourselves	Relationships & Sex Education	R31	Empowering Positive Masculinity	Health and Wellbeing	HW87	The Healthcare System	*Exams*			*Exams*		*Exams*	
		HW17	Healthy & Balanced Lifestyles		R57	Ending Relationships		R32	Relationships & Their Legal Status		HW79	Menstrual Health and Conditions							
		HW13	The Balanced Diet	Living in the Wider World	L23	Explicit Sexual Imagery		R33	Avoiding & Preventing Harassment		HW67	Understanding Vaccination And Immunisation							
		HW10	Alcohol And Your Health		L24	Online Masculine Narratives		R34	Online Grooming		HW68	Drugs							
		HW16	Fire and Water Safety	Health and Wellbeing	HW35	Changing Emotions		R35	Rising Above Cyberbullying		HW69	Prescription Medication Misuse							
		HW18	Safety in Public		HW36	Drug Laws in the UK		R30	Respecting Transgender Identities		HW71	Sleep, Exercise & Diet							