# Extra-Curricular & Enrichment

## Unlock Your Potential at St Paul's Catholic School and Sixth Form

At St Paul's, we believe education goes beyond exams. Our dynamic Enrichment Programme helps you grow as a confident, independent learner while developing essential life and career skills.

## Why Choose Enrichment?

This isn't just extra-curricular-it's essential preparation for your future:

- Gain key skills: build communication, critical thinking, problem-solving, and resilience
- Discover new interests: explore new activities or turn passions into EPQ projects or hobbies
- Boost confidence: develop leadership, teamwork, and creativity in a supportive environment
- Stand out: impress universities and employers with initiative and proactivity
- Have fun: relax, socialise, and enjoy meaningful, engaging experiences

### What's on Offer?

Enrichment is built into your weekly timetable. Choose from a wide variety of opportunities:

- Join Sixth Form sports teams or complete DofE Gold
- Take part in school productions and creative projects
- Lead or join student societies and connect with like-minded peers
- Volunteer in community projects and gain real-world empathy and purpose
- Build independence and confidence with public speaking, creative thinking, and research challenges

# **Lifelong Benefits**

Through enrichment, you'll develop:

- Resilience, adaptability, and resourcefulness
- Skills valued by employers: leadership, communication, and collaboration

A powerful personal story for university and job applications

