

LYDIA'S LUNCH MENU

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY (Meat Free)
DISH OF THE DAY	Chicken Tikka Masala with Rice and Naan Bread	Chicken Arrabiata pasta bake with side salad	Mince Beef Lasagne with Side Salad	Chicken Jalfrezi served with Rice and Naan Bread	Fajita Pasta Bake with Quorn Meatballs
LITE BITES	Steak Slice Cheese and Tomato Pizza	Sausage Roll Hot Dogs	Chicken and Mushroom Slice Chicken Burger	Sausage Roll Beef Burger	Cheese and Tomato Pizza with a Side Salad
VEGETARIAN DISH OF THE DAY	Vegetable Tikka Masala with Rice and Naan Bread	Vegetable Arrabiata Bake with Side Salad	Vegetable Lasagne with Side Salad	Vegetable Jalfrezi served with Rice and Naan Bread	Cheese and Onion Slice Nachos
PASTA & SAUCES	Freshly prepared Pasta served with a selection of sauces.	Freshly prepared Pasta served with a selection of sauces.	Freshly prepared Pasta served with a selection of sauces.	Freshly prepared Pasta served with a selection of sauces.	Freshly prepared Pasta served with a selection of sauces.
JACKET POTATO & FILLINGS	Jacket Potato served plain or with a selection of fillings.	Jacket Potato served plain or with a selection of fillings.	Jacket Potato served plain or with a selection of fillings.	Jacket Potato served plain or with a selection of fillings.	Jacket Potato served plain or with a selection of fillings.