

PHSE & RSE Themes Overview 2022-23 Upper School & Sixth Form

Date	Year 9	Year 10	Year 11	Year 12	Year 13
31/8	Study skills	Making good progress	Growth Mindset-Resilience	Introduction to Sixth Form	Reflection and making progress this year
7/9	Core values Mutual respect	RSE Authentic Freedom	11AUL Think Day Growth Mindset-Perseverance	Reflection Week Core Values	UCAS Prep- Personal Statement
14/9	Core values Democracy	RSE Self Image	UCAS Prep	The Monarchy	UCAS Prep- Personal Statement
21/9	A great leader Talking about activities⇅	RSE Beliefs, Values and Attitudes	UCAS Prep	Big Green Week	Big Green Week
28/9 Big Green Week	Eco Road Map	RSE Parenthood (Personal relationships)	PS16 Assembly	National Fitness Day	National Fitness Day
5/10 Diversity Black History Month	Black History	Black History	Black History	Black History	Black History
12/10 Cultural awareness	One World	One World	One World	One World	One World
Half Term Holiday					
26/10	Diwali (Interfaith)	Health Fair	Finance Budgeting	Diwali Celebrations	Diwali Celebrations
2/11	A great leader ⇅ Talking about activities	RSE Pregnancy & Abortion (Life Cycles)	Finance Banking	All Souls Day	All Souls Day
9/11	Core values Rule of Law	RSE Abuse	RSE Self worth	Remembrance Day	Remembrance Day
16/11 Antibullying	Anti-bullying	Anti-bullying	Anti-bullying	Anti-bullying	Anti-bullying
23/11 Interfaith	Core values Respect of culture and faith	RSE Solidarity	Revision techniques	Interfaith	Interfaith
30/11	PHSE Assessment	RSE Assessment	Mock Exams	Charity Awareness	Charity Awareness
7/12		Interform	Mock Exams	Interform	Interform
14/12	Christmas activities	Christmas activities	Christmas activities	Christmas activities	Christmas activities
Christmas Holidays					

PHSE & RSE Themes Overview 2022-23 Upper School & Sixth Form

4/1	Finance	Personality Profile	RSE Addiction	Welcome back New year new me	Mock Exams Prep
11/1	Finance	CV Writing	RSE Eating disorders	Wellbeing Day	Wellbeing Day
19/1 Christian Unity Week	Human rights and responsibilities	Drug awareness LCYS	RSE Fertility	Christian Unity Week	Mock Exam Week
25/1 Holocaust Memorial	Holocaust Education	Holocaust Education	Holocaust Education	Holocaust Education	Holocaust Education
1/2	Core values Individual liberty	Alcohol & Tobacco awareness LCYS	Goal setting	Human Trafficking awareness	Human Trafficking awareness
8/2 Diversity Week	Diversity Week LGBT	Diversity week LGBT	Diversity week LGBT	Diversity week LGBT	Diversity week LGBT
15/2	Racial Justice	Racial Justice	Racial Justice	Interform Challenge	Interform Challenge
Half Term					
1/3	CAFOD Lent	CAFOD Lent	CAFOD Lent	CAFOD Lent	CAFOD Lent
8/3 National Careers Week	Careers (Briars Retreat)	Careers	Careers	<p>Carousel of activities Sixth Form will be mixed year 12/13 Activities will be delivered by form tutors. Activities will include:</p> <ul style="list-style-type: none"> - EPQ - Cooking on a budget - Debate - How to manage finances - Sports - Academic reading and how to build reading in your subject - Drama as therapy 	
15/3 Safer internet	Internet safety	Internet safety STP Team work	Internet safety		
23/3	Treasure Library	Healthy relationships Consent	RSE Pornography		
29/3	PHSE Assessment	Revision & Exam Prep	RSE STI's		
Easter Holidays					
19/4	Identifying interests ⇅	Mock Exams	RSE Coercive control		
26/4	Your skills- your future ⇅	Mock Exams	Managing stress and anxiety		
4/5	Crime	Internet Safety AUL Team work	FGM/Testicular, bowel and breast cancer awareness	FGM/Testicular, bowel and breast cancer awareness	FGM/Testicular, bowel and breast cancer awareness
11/5 Mental Health	Mental Health Week	Mental Health Week	Mental Health Week		

PHSE & RSE Themes Overview 2022-23 Upper School & Sixth Form

17/5	Stand up to Hate-challenging prejudice and discrimination	Employment rights and responsibilities	Revision		
24/5	Reflection on practice	PHSE Assessment	Revision		
Half Term					
7/6	Social media and body image	Finance – consumer rights, ethical choices	Exams		
14/6	Stephen Lawrence Centre	Interview skills STP ⇅ Fake news/reliable sources AUL	Exams		
21/6 Refugee Week	Stephen Lawrence Centre	Interview skills AUL ⇅ Fake news/reliable sources AUL	Exams		
28/6	Interform	Enterprise Day			
5/7	Eco-Road Map	Listening skills			
12/7	Form activities	Form activities			
	Feast Day Mass 3/2/23		Year 11 Think Days STP 6/9/22 AUL 7/9/22 RC 8/9/22		

☐ Relationship & Sex Education (RSE) – using Ten Ten Resources ‘Life to the Full’

☐ Careers and aspirations often using Unifrog resources

☐ Finance

☐ Mental Health and emotional wellbeing

☐ Eco Road Map (Laudato Si’)

☐ Physical Health

☐ Friendships and Anti bullying

☐ Diversity and Prejudice

☐ Personal safety, risk management & Media Influence

⇅ Split weeks for Unifrog