

**PSHE & RSE Themes Overview 2021-2022**

☆School Focus Weeks

⇅ Half year group rotations

Date	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
25/8	Welcome/Respect Respect Form agreement					Intro to Sixth Form	
1/9	Democracy/Student Council hustings	*Career terminology⇅	Study skills	Authentic Freedom RSE	Growth Mindset Resilience	Acquiring 6 <sup>th</sup> Form skills	The difference this year makes/UCAS
8/9	Democracy/Student Council elections	*What does success mean to you⇅	*A great leader ⇅	Making good progress	Growth Mindset Perseverance	Post 18 skills*	UCAS
15/9 ☆	Yr 7 Think Day AUL ⇅Set up Unifrog STP	Racial Justice	Racial Justice	Racial Justice	Racial Justice	Racial Justice	Racial Justice
22/9 ☆	Great Big Green Week	Great Big Green Week	*Talking about activities ⇅	Self image RSE	UCAS PREP	Great Big Green week	Great Big Green week
29/9	Racial justice	Propaganda	Core Values – Democracy	Managing feelings of stress	UCAS PREP	Yr 12 Liturgy	UCAS
6/10	Yr 7 Welcome Mass	Communication & Literacy	Reflection & target setting	County Lines (LC Youth Service)	UCAS PREP	Inter-form challenge	Listening skills
13/10 ☆	*Set up unifrog Homework -profile⇅	One World	One World	One World	One World	One World	One World
Half Term	Holiday						
27/10	Who am I? RSE	Created and chosen RSE	Finance	Health Fair	Finance budgeting	Review & targets	UCAS Review
3/11	Changing bodies RSE	Appreciating differences RSE	Finance	Communication & Literacy ⇅	Finance banking	Finance	Interview skills
10/11	Healthy inside & out RSE	Feelings RSE	Core Values – Rule of Law	Personality Profile*⇅	Interview skills	Finance	Interview skills
17/11 ☆	Anti-Bullying	Anti-Bullying	Anti-Bullying	Anti-Bullying	Anti-Bullying	Anti-Bullying	Anti-Bullying
24/11	Where we come from RSE	Before I was born RSE	Core Values – Respect of culture and faith	Drug awareness (LC Youth Service)	Supporting others (Mental Health)	☆Interfaith	☆Interfaith
1/12	Family & friends RSE	Tough relationships RSE	First Aid	Alcohol & tobacco awareness	Exams	Testicular & breast cancer awareness/FGM	Testicular & breast cancer awareness/FGM
8/12	My life on screen RSE	Think before you share RSE	Social Media & Body image	CV writing*⇅	Exams	Alcohol & drugs (LC Youth Service)	Extremism
15/12	Christmas Quiz	Christmas activities	Christmas activities	Christmas activities	Christmas activities	Christmas inter-form challenge	Christmas inter-form challenge
Christmas	Holiday						

5/1	What are your skills? ⇅ Knife Crime (LC Youth Service <small>STP</small> )	Finance	Human Rights & Responsibilities	Solidarity RSE	Study skills	Goal setting*	Getting exams right
12/1	Grow your seeds ⇅	Finance	Crime	Extremism	Abuse RSE	Physical health	Exams
19/1	Knife Crime ⇅ (LC Youth Service <small>AUL</small> )	Extremism (Prevent)	First Aid	STI's RSE	Solidarity RSE	Core Values Mutual respect & individual liberty	Exams
26/1 ☆	Holocaust Memorial	Holocaust Memorial	Holocaust Memorial	Holocaust Memorial	Holocaust Memorial	Holocaust Memorial Speaker	Holocaust Memorial Speaker
2/2	Communication & literacy	*Making good choices ⇅	TBC	Coercion RSE	Conflict resolution (LC Youth Service)	Listening skills Yr 12 Retreat Day	Mock exam feedback & reflection
9/2 ☆	Diversity	Diversity	Diversity	Diversity	Diversity	Diversity	Diversity
Half Term	Holiday						
23/2	Communication & literacy	*Careers treasure hunt ⇅	Core Values – Individual liberty	Abuse RSE	Healthy relationships consent	Healthy relationships	Healthy relationships
2/3 ☆	CAFOD Lent	CAFOD Lent	CAFOD Lent	Beliefs, values, attitudes RSE	Ash Wednesday	Ash Wednesday	Ash Wednesday
9/3 ☆	Careers week Homework – *update interests profile	Careers week	Careers week	Careers week	Careers week	Careers week	Careers week
16/3	Safer internet	Safer internet	Safer internet	Safer internet	Safer internet	Interform challenge	Interform challenge
23/3	Team Building	First Aid	Treasure Library ⇅	Revision and Exam Prep	Revision techniques	Social media relationships	Moving out & budgeting
30/3	Gratitude	Mental Health	Wellbeing ⇅	Revision and Exam Prep	Wellbeing	Social media reputations	Finance
6/4	Healthy life eating	Care for our environment	Reflection & Wellbeing	Revision and Exam Prep	Managing stress and anxiety*	Anthony Nolan Trust	Alcohol & drugs
Easter	Holiday						
27/4	Healthy life sleep	Options/*GCSE choices ⇅	*Identifying interests	Mock Exams	Maths Revision lecture	Personal statements	Revision tips
4/5	Healthy life Exercise	Options/*GCSE options ⇅	*Your skills – your future	Mock Exams	Science Revision lecture	Revision strategies DMU	Managing stress & anxiety*
11/5 ☆	Mental Health	Options	Mental Health	Mental Health	Mental Health	Mental Health	Mental Health
18/5	Supporting friends	Options	Crime	Team work*	English Revision lecture	Exams	Prep for Yr 13 celebration
25/5	*Recording activities	Team building activities	Stand up to hate	Escape Room*	RE Revision lecture	Exams	Yr 13 Leavers Mass

Half Term	Holiday						
8/6	*What's your dream job?	First Aid	Holocaust Education	WOW Prep		First Aid	
15/6	Meditation ⇅	*Activities & Competencies bingo ⇅	Holocaust Education	WOW Prep		Wellbeing	
22/6	BSL ⇅	Communication & literacy	Interform	WOW Prep		Exams	
29/6 ☆	Feast Day	Feast Day	Feast Day	WOW Week		Feast Day	
6/7 ☆	Celebration & Reflection	Celebration & Reflection	Celebration & Reflection	Celebration & Reflection		Celebration & Reflection	
	Rosmini Think Days – Community 15/9 & 16/9 Unacceptable 21/22/9 Saints Day 3/11 Vocations Panel 22/2	Unacceptable 21/22/9 Rosmini Think Days – Vocation 16/11 & 17/11 Saints Day TBC Yr 8 Celebration Mass 26/11 Vocations Panel 22/2	Unacceptable 21/22/9 Think Days - Holocaust Memorial Centre 14/6 16/6 Vocations Panel 22/2 RSE module in RE- the search for love Love people, use things, In control of my choices, Fertility & Contraception, Marriage, One Hundred percent, Pregnancy & Abortion (life cycles), LGBT+	Unacceptable 21/22/9	Unacceptable 21/22/9 Rosmini Think Days – ‘Knowing me, knowing you.’ 7/9 & 8/9	Unacceptable 21/22/9 July Retreat Day 2/2	Unacceptable 21/22/9

☐ RSE using TenTen resources

☐ Core Values

☐ Diversity & Prejudice

☐ Careers and aspirations (\*Unifrog)

☐ Friendships & Anti-bullying

☐ Media influence

☐ SEAL – Mental Health & Emotional Wellbeing plus Physical Health

☐ Money

☐ Personal Safety, Prevent and Criminal Justice

☐ Laudato Si (Environment)

☐ Catholic Ethos