

Year 12 Cambridge Technical Sport and Physical Activity					
Week and Date	Lesson				
	1 JA Mon P3 107	2 MB Tues P5 107	3 MB Wed P3 404	4 JA Thurs P3 206	5 JA Friday P2 107
25 th August	Unit 2 Role and Responsibilities (P1-P3) P1: Describe the roles and responsibilities of sports coaches and activity leaders P2: Describe how sports coaches and activity leaders support a healthy active lifestyle P3 Compare the different roles and responsibilities of those involved in teaching and delivering sport	Intro units and assessments	Unit 18: P8 – content and assessments	Unit 2 Role and Responsibilities (P1-P3) P1: Describe the roles and responsibilities of sports coaches and activity leaders P2: Describe how sports coaches and activity leaders support a healthy active lifestyle P3 Compare the different roles and responsibilities of those involved in teaching and delivering sport	Unit 2 Role and Responsibilities (P1-P3) P1: Describe the roles and responsibilities of sports coaches and activity leaders P2: Describe how sports coaches and activity leaders support a healthy active lifestyle P3 Compare the different roles and responsibilities of those involved in teaching and delivering sport
31 st August		Unit 18: practical	Unit 18: P8 coursework		
6 th Sept		Unit 1: Body systems LO1 skeletal system			
13 th Sept					
30 th Sept					
27 th Sept					
4 th Oct					
11 th Oct		Unit 1: Body systems LO2 muscular system			
25 th Oct	Understand principles which underpin coaching and leading Principles of leadership	Unit 1: Body systems LO2 muscular system		Understand principles which underpin coaching and leading Principles of leadership	Understand principles which underpin coaching and leading Principles of leadership
1 st Nov					
8 th Nov		Unit 1: Body systems LO3 cardiovascular system			
15 th Nov					
22 nd Nov	Be able to use methods to improve skills, techniques and tactics in sport/ Be able to plan			Be able to use methods to improve skills, techniques and tactics in sport/ Be able to plan	Be able to use methods to improve skills, techniques and tactics in sport/ Be able to plan
29 th Nov					
6 th Dec		Unit 1: Body systems LO4 respiratory system			
13 th Dec					

20 th Dec	sports and activity sessions		sports and activity sessions	sports and activity sessions
5 th Jan	(Deliver 8 coaching sessions by 7 th March 2022) Be able to prepare a safe/sports activity environment appropriate to the participants involved	Unit 1: Body systems LO4 respiratory system	Unit 3 Sport organisation and development LO1 Understand how sport in the UK is organised What organisations are involved in the UK? What does the government do for sport? What do NGB do?	What are the roles and responsibilities of sports organisations in the UK?
10 th Jan	What is the impact of international organisations on UK Sport?	Unit 1: LO1-4 Assessment	What is the impact of international organisations on UK Sport?	LO2 Understand Sports Development What is sports development ?
17 th Jan	LO2 Understand Sports Development What is sports development ?	Unit 1: Body systems LO5 energy system	What are the target groups and what are the major barriers?	LO1 and LO2 Revision and exam questions
24 th Jan	LO1 and LO2 Revision and exam questions		LO1 and LO2 Revision and exam questions	LO1/LO2 Exam
31 st Jan	LO3 Understand how the impact of sports development can be measured		What is the purpose of measuring health/ social issues?	Initiatives

	What are the possible Measures for the development of initiatives?			
7 th Feb	What are the methods of delivering sports development?		What are the characteristics of sports development/ initiatives?	Advantages and disadvantages of sports development
21 st Feb	Benefits of sports development	Unit 1: Body systems revision LO1-LO5	LO3/4 Revision and Exam practice	LO3/4 Revision and Exam practice
28 th Feb	LO3/4 Exam		Mock Exam Practice	Mock Exam Practice
7 th March	Evaluations and adaption explanations		Evaluations and adaption explanations	Evaluations and adaption explanations
14 th March	Evaluations and adaption explanations	Unit 1: LO1-5 Assessment	Submission of Coaching Plans and Explanation of adaptations made. Including Evaluations	Mock Exam Practice
21 st March	Mock Exam Practice	Unit 18: practical and theory coursework	Mock Exam Practice	
28 th March				
4 th April				
25 th April	Mock Exam Practice	Unit 1: Body systems revision LO1-LO5	Unit 2 Final alterations	
2 nd May	Mock Exam Practice			
9 th May	Mock Exam Practice			
16 th May				Final CW submission (year 12)
23 rd May				

6 th June	MOCKS
13 th June	
20 th June	
27 th June	
4 th July	