

Year 10			
Week and Date	Lesson		
	1 (PRAC) Tues P5	2 (PRAC) Wed P3	3 Thurs P2
25 th August		Year Introduction and Theory Intro lesson Groups of Users in Sport	Barriers in Sport
31 st August	CW Catch Up	Solutions to Barriers	Solutions to barriers Super 6 test
6 th Sept	Sports Leadership practical	Current trends in the popularity of different sports in the UK and emerging sports	Current trends in the popularity of different sports in the UK and emerging sports
13 th Sept	Sports Leadership practical	REVISION LO1	End of topic test LO1
30 th Sept	Sports Leadership practical	LO2 values	Olympic values
27 th Sept	Sports Leadership practical	Initiatives	Sportsmanship/ gamesmanship
4 th Oct	Sports Leadership practical	Practical Update of Key Sports	Practical Update of officiating
11 th Oct	PED's	PED's/WADA	LO2 Revision
25 th Oct	LO2 Revision	End of topic test LO2	Hosting major sporting events - legacies
1 st Nov	Hosting major sporting events – benefits and drawbacks	NGB infrastructure and support	NGB policies and initiatives
8 th Nov	PRACTICAL	Mock Revision	Mock Revision
15 th Nov	Long answer question	Long answer question/revision	Mock Revision
22 nd Nov	Mock Revision	Mock Revision	Mock Revision
29 th Nov	Mock exam	Sports Leaders Evaluation	Mock feedback
6 th Dec	Revision/practical	Mock exam 2/practical	Practical
13 th Dec	Mock feedback whole class/LO4	Practical	LO4 NGB's
20 th Dec	LO4 NGB's	Practical	LO4 NGB's
5 th Jan	LO4 NGB's	Practical	LO4 NGB's
10 th Jan	LO4 recap/retrieval	Practical	LO4 recap/retrieval
17 th Jan	LO4 test	Practical	LO4 Leadership Evaluations
24 th Jan	LO4 Leadership Evaluations	Practical	LO4 Leadership Evaluations
31 st Jan	OAA LO3/4	Practical	OAA LO3/4

7 th Feb	OAA LO3/4	Practical	OAA LO3/4
21 st Feb	OAA LO3/4	Practical	OAA LO3/4
28 th Feb	OAA LO3/4	Practical	OAA LO3/4
7 th March	OAA LO3/4	Practical	OAA LO3/4
14 th March	Exam unit revision	Exam unit revision	Exam unit revision
21 st March	Exam unit revision	Exam unit revision	Exam unit revision
28 th March	Exam unit revision	Exam unit revision	MOCK
4 th April	Exam unit revision	Exam unit revision	Exam unit revision
25 th April	Exam unit revision	Exam unit revision	MOCK
2 nd May	Exam unit revision	Exam unit revision	Exam unit revision
9 th May	Exam unit revision	Exam unit revision	MOCK
16 th May	Exam unit revision	Exam unit revision	Exam unit revision
23 rd May	Practical	Practical	CW catch up
6 th June	CW catch up	Practical	CW catch up
13 th June	CW catch up	Practical	CW catch up
20 th June	CW catch up	Practical	CW catch up
27 th June	CW catch up	Practical	CW catch up
4 th July	CW catch up	Practical	CW catch up

Year 11		
Week and Date	Lesson	
	1 Tues P1	2 (PRAC) Thurs P4
25 th August		Sports Leadership CW LO1
31 st August	Sports Leadership CW LO1	Sports Leadership CW LO1
6 th Sept	Sports Leadership catch up	Sports Leadership catch up
13 th Sept	Outdoor activities LO1-LO2 catch up	Outdoor activities LO4 prep
30 th Sept	Outdoor activities LO1-LO2 catch up	Outdoor activities LO4 prep
27 th Sept	Outdoor activities LO3 session plan	Outdoor activities LO3 session plan
4 th Oct	Outdoor activities LO3 session plan	Outdoor activities LO3 session plan
11 th Oct	Outdoor activities LO3 session plan	Outdoor activities LO3 session plan
25 th Oct	Outdoor activities LO1-LO3 catch up	Practical
1 st Nov	Outdoor activities LO1-LO3 catch up	Practical
8 th Nov	Developing Sports Skills LO4	Developing Sports Skills LO4
15 th Nov	Developing Sports Skills LO4	Developing Sports Skills LO4
22 nd Nov	Developing Sports Skills LO4	Developing Sports Skills LO4
29 th Nov	Developing Sports Skills LO4	Developing Sports Skills LO4
6 th Dec	Outdoor activities LO1-LO3 catch up	Outdoor activities LO1-LO3 catch up
13 th Dec	Outdoor activities LO1-LO3 catch up	Outdoor activities LO1-LO3 catch up
20 th Dec	Outdoor activities LO1-LO3 catch up	holidays
5 th Jan	Developing Sports Skills LO4	Developing Sports Skills LO4
10 th Jan	Developing Sports Skills LO4	Developing Sports Skills LO4
17 th Jan	Developing Sports Skills LO4	Developing Sports Skills LO4
24 th Jan	Developing Sports Skills LO4	practical
31 st Jan	Developing Sports Skills LO4	Developing Sports Skills LO4
7 th Feb	Developing Sports Skills LO4	practical
21 st Feb	Coursework catch up – all units	practical
28 th Feb	Coursework catch up – all units	practical
7 th March	Contemporary Issues revision	Contemporary Issues revision
14 th March	Contemporary Issues revision	Contemporary Issues revision
21 st March	Contemporary Issues revision	Contemporary Issues revision
28 th March	Contemporary Issues revision	Contemporary Issues revision
4 th April	Exam unit revision	Exam unit revision
25 th April	Exam unit revision	Exam unit revision
2 nd May	Exam unit revision	Exam unit revision
9 th May	Exam unit revision	Exam unit revision
16 th May		
23 rd May		



Year 9			
Week and Date	Lesson		
	1 JA Mon P2 108	2 LC Wed P2 108	3 LC (PRAC) Thurs P3 107
25 th August	NA	NA	Intro to course-seating plan and folders.
31 st August	NA	Key skills in sport	Play sports-identify key skills chose player to analyse.
6 th Sept	Write up skills identified and importance	Write up 3 strengths and weaknesses	Play sports-rank another performer on skills
13 th Sept	Continue to write up strengths and weaknesses	Skill classification	Skill classification write up
30 th Sept	Continue skills classification write up	Plan to write up drills for 3 weaknesses	Drills in sports
27 th Sept	Continue write up for drills weaknesses	Continue write ups	Drills for weaknesses
4 th Oct	Catch up on work	How to measure improvement	Warm ups
11 th Oct	Catch up	Catch up	Lead own warm ups in groups
25 th Oct	Considerations when planning lesson	Just sport and LO, write up warm up	Tournament play
1 st Nov	Engagement and skills and technique development	Start to plan drills and adapt	Skill adaptations
8 th Nov	Drills progression continued	Organization variables	Set up own drills in groups
15 th Nov	Plenary and Catch up	Risk assessment	Lead sessions
22 nd Nov	Risk assessment continued write up	Continue with risk assessment write up	Lead sessions
29 th Nov	Evaluate session/respond to feedback	Evaluate session/respond to feedback	Lead sessions

6 th Dec	Evaluate session/respond to feedback	Evaluate session/respond to feedback	Lead sessions
13 th Dec	Evaluate session/respond to feedback	Evaluate session/respond to feedback	Lead sessions
20 th Dec	Evaluate session/respond to feedback	Evaluate session/respond to feedback	Lead sessions
5 th Jan	Outdoor activities-To know and identify the outdoor sports listed and know what they entail	NGB's-To know and identify an NGB for each outdoor activity	-Continue from previous lesson and write up
10 th Jan	-To know and identify the difference between Outdoor activity organizations	-Equipment, safety and specialist	-Clothing types/categories of clothing
17 th Jan	-Technology types: GPS and signalling devices, Light weight equipment and clothing Waterproof technology	-The role of technology in terms of: Access and transportation, Comfort, Safety, Communication, Information	Leading sessions practice
24 th Jan	Types of terrain/man-made terrain	-Continuation on why each sport needs a specific terrain	Leading sessions practice
31 st Jan	Respond to LO1 feedback on NGB's and activity organizations	Respond to LO2 feedback on safety equipment and clothing	Lead sessions
7 th Feb	Go back to previous terms work-finish/tidy up Key skills analysis work	Show how to evaluate sessions and respond to feedback	Lead sessions
21 st Feb	Respond to LO2 feedback on technology	Respond to LO2 feedback on different types of terrain	Lead sessions
28 th Feb	Complete outstanding OAA coursework	Evaluate sessions and respond to feedback	Lead sessions
7 th March	Evaluate sessions and respond to feedback	Lead sessions	Lead sessions
14 th March	Evaluate sessions and respond to feedback	Lead sessions	Lead sessions
21 st March	Evaluate sessions and respond to feedback	Lead sessions	Lead sessions

28 th March	Evaluate sessions and respond to feedback	Evaluate sessions and respond to feedback	Practical
4 th April	Respond to feedback on sessions lead	Respond to feedback on sessions lead	Practical
25 th April	TBC from previous learning		
2 nd May			
9 th May			
16 th May			
23 rd May			
6 th June			
13 th June			
20 th June			
27 th June			
4 th July			