

Week and Date	Year 7												
	H1	MB	H2	LC	H3	JA/SP	G1	JA	G2	LC	G3	MB/SP	
25 th August	Indoor athletics (rotation) x 3 Fitness effort baseline (rotation) x 1						Indoor athletics (rotation) x 3 Fitness effort baseline (rotation) x 1						
31 st August													
6 th Sept													
13 th Sept													
20 th Sept	Basketball + L'ship WU	Netball + L'ship WU	Touch Rugby + L'ship WU			Basketball + L'ship WU	Netball + L'ship WU	Touch Rugby + L'ship W					
27 th Sept													
4 th Oct													
11 th Oct													
25 th Oct	Rugby		Fitness		Badminton			Rugby		Fitness		Badminton	
1 st Nov													
8 th Nov													
15 th Nov													
22 nd Nov	Cross country		Cross country		Cross country			Cross country		Cross country			
29 th Nov													
6 th Dec													
13 th Dec	Interform Comp						Interform Comp						
20 th Dec													
5 th Jan	Fitness		Badminton		Netball			Fitness		Badminton		Netball	
10 th Jan													
17 th Jan													
24 th Jan													
31 st Jan	Badminton		L'ship		Fitness			Badminton		L'ship		Fitness	
7 th Feb													
21 st Feb	Badminton		L'ship		Fitness			Badminton		L'ship		Fitness	
28 th Feb													
7 th March	L'Ship		Basketball		L'Ship			L'Ship		Basketball		L'Ship	
14 th March													
21 st March													
28 th March													
4 th April	Interform Comp						Interform Comp						
25 th April	Athletics						Athletics						
2 nd May													
9 th May													
16 th May													
23 rd May	Possible Extension to Athletics/ Interform						Possible Extension to Athletics/ Interform						
6 th June	Softball		Rounders		Cricket /Rounders			Softball		Rounders		Cricket/R ounders	
13 th June													
20 th June													
27 th June													
4 th July													

Week and Date	Year 8											
	H1	JA	H2	SP	H3	MB	G1	MB	G2	LC	G3	JA
25 th August	Bball		Netball		Fitness		Bball		Netball		Fitness	
31 st August												
6 th Sept												
13 th Sept												
20 th Sept	Rugby		L'Ship/Team Build		Badminton		Rugby		L'Ship/Team Build		Badminton	
27 th Sept												
4 th Oct												
11 th Oct	L'Ship		Badminton		L'Ship		L'Ship		Badminton		L'Ship	
25 th Oct												
1 st Nov												
8 th Nov												
15 th Nov	Cross Country						Cross Country					
22 nd Nov												
29 th Nov												
6 th Dec	Inter form activities						Inter form activities					
13 th Dec												
20 th Dec												
5 th Jan	Football		B'ball		Netball		Football		B'ball		Netball	
10 th Jan												
17 th Jan												
24 th Jan												
31 st Jan	Fitness		Fitness		T Tennis		Fitness		Fitness		T Tennis	
7 th Feb												
21 st Feb	V'Ball		V'Ball		Fitness		V'Ball		V'Ball		Fitness	
28 th Feb												
7 th March												
14 th March												
21 st March	Interform Comp						Interform Comp					
28 th March												
4 th April	Athletics						Athletics					
25 th April												
2 nd May												
9 th May												
16 th May	Possible Extension to Athletics/ Interform						Possible Extension to Athletics/ Interform					
23 rd May												
6 th June	Softball		Rounders		Rounders		Softball		Rounders		Rounders	
13 th June												
20 th June												
27 th June												
4 th July												

25 th Oct	SPH	Multi Sports	SPH	Netball MUGA	SPH	Multi Sports	Netball MUGA	
1 st Nov	F'Ball	MUGA	SPH	SPH Fitness	F'ball /B'ball	MUGA	SPH	SPH
8 th Nov								
15 th Nov								
22 nd Nov								
29 th Nov	F'Ball	Multi Sports	SPH	SPH	F'ball /B'ball	SPH	Dance Studio	SPH
6 th Dec								
13 th Dec								
20 th Dec								
5 th Jan	F'Ball	SPH	MUGA Netball MUGA netball	MUGA Fitness MUGA netball	F'Ball/ Bball	SPH	MUGA Netball MUGA netball	MUGA Fitness MUGA netball
10 th Jan								
17 th Jan								
24 th Jan								
31 st Jan	F'Ball	MUGA	SPH	SPH	F'Ball	MUGA	SPH	SPH
7 th Feb								
21 st Feb	F'Ball	MUGA	SPH	SPH	F'Ball	MUGA	SPH	SPH
28 th Feb								
7 th March	SPH	Field	MUGA	MUGA	SPH	Field	MUGA	MUGA
14 th March								
21 st March								
28 th March								
4 th April								
25 th April	F'ball	SPH	SPH	MUGA	F'ball/ B'ball	SPH	MUGA	SPH
2 nd May								
9 th May								
16 th May								
23 rd May	FIELD	FIELD	FIELD	FIELD	FIELD	FIELD	FIELD	FIELD
25 th April								
2 nd May								
6 th June								
13 th June								
20 th June								
27 th June								
4 th July								

